

TRAILS

- 1. SPAGHETTI
- 2. BIG MUMMA
- 3. BIG MUMMA'S TAIL
- 4. COOKIE
- 5. COOKIE II ★
- 6. BACK ROAD
- 7. OFF PISTE II
- 8. COMBO
- 9. CLUB TRAIL
- 10. FATTUCCINI
- 11. AFTERGLOW
- 12. CABBAGE PATCH ★
- 13. PASTA EXPRESS
- 14. CRY BABY
- 15. LAUNCH TRAIL ★
- 16. SPCA
- 17. AVBA ★
- 18. HO CHI MIN ★ ★
- 19. MATRIX
- 20. POWERBALL
- 21. BOOKABACH HOME
- 22. FAMILY LOOP
- 23. FLYING FOX ★
- 24. LINK
- 25. ENCHANTED FOREST
- 26. TURKEY
- 27. LAURIES RUN ★
- 28. BIKINI ★
- 29. TREE HUGGAS
- 30. ED RUSH RAVINE
- 31. TIGERS TAIL
- 32. LOG FLUME RIDE
- 33. HAGGIS
- 34. CONIFER
- 35. PYTHON
- 36. ANACONDA
- 37. BUZZARD
- 38. UPLAND
- 39. CUTTING TRAIL
- 40. END TRAIL
- 41. TORTELLINI
- 42. SLIPPERY'S DELIGHT
- 43. THE DORIS
- 44. THE LIGHTNING
- 45. GOLDIE LOCKS
- 46. IRON HORSE (DUAL)
- 47. AMVL NITRATE ★
- 48. NORTHERN EXPOSURE
- 49. YAKUSA ★
- 50. BIKE PARKS TRAIL
- 51. NO BRAKES NEEDED
- 52. JAFAKIDS
- 53. BARREL RUN ★ ★
- 54. MR HESKY
- 55. NUDE RUN
- 56. X - AISLE ★ ★
- 57. TWIST MY RUBBER ARM
- 58. HAPPY ENDING
- 59. L PLATES
- 60. THAI MASSAGE
- 61. TREASURE ISLAND
- 62. 6 STRING

★ = ADVANCED RIDERS ONLY PLEASE
 ☆ = JUMPERS ONLY PLEASE



MAP KEY

- R** RnR Sport Course
- N** Nature Valley Course
- M** Mad Butcher Course
- MS** Map Stations
- A** AKL Eye Course
- B** Bundaberg Course
- H** Habitual Fix Course
- You are here** (Red hand icon)
- Forest Gate** (Red vertical bar)
- Trail Direction** (Black arrow)

COURSES: They are our favourite trails connected by course signage to make your ride simple and easy to navigate. Just choose your ability & distance, then get straight into it.

NATURE VALLEY TRAIL	
COURSE	
6KM BEGINNER	
Trails used:	Trail #
Powerball	22
Big Mumma	4
Blacktop	24
Bookabach Home	23

NATURE VALLEY TRAIL	
COURSE	
10KM BEGINNER - INT	
Trails used:	Trail #
Powerball	22
Spaghetti	1
Link	28
Cookie	4
Bookabach Home	23

RnR SPORT	
COURSE	
13KM INTERMEDIATE	
Trails used:	Trail #
Big Mumma	11
Tortellini	46
Link	28
Crybaby	15
Matrix	21

THE MAD BUTCHER	
COURSE	
20KM INT - LONG	
Trails used:	Trail #
Powerball	22
Upland	30
B/Mumma Tail	3
Goldie Locks	37
Upland	43
Log Flume Ride	32
The Doris	48
Slippery's Delight	47
Ed Rush Ravine	35
Link	28
Cookie	4
Matrix	21

HABITUAL FIX	
COURSE	
22KM INT - LONG	
Trails used:	Trail #
Backroad (via Spag 1)	6
Upland (via SPCA)	43
Lightening	29
Enchanted Forest	29
The Doris	48
Conifer Loop	39
The Cutting	44
No Brakes Needed	36
Ironhorse Stage 1	51
JAFKIDS	47
Slippery's Delight	47
Ed Rush Ravine	35
Link	28
Cry Baby Stage 1	28
Thai Massage	65
Happy Ending	63

BUNDABERG TRAIL	
COURSE	
25KM ADV - LONG	
Trails used:	Trail #
Powerball	22
Charles Angel	6
Backroad	6
Spaghetti	1
Upland	43
Bike Parks	55
The Doris	48
Conifer	39
Python	40
Haggis	38
Tree Huggas	38
Link	28
Crybaby	15
Matrix	21

FOR YOUR SAFETY:

- ★ All riders must register **PRIOR** to entering trails.
- ★ **NO HELMET = NO RIDE!**
- ★ Take a mobile phone and a trail map with you
- ★ Familiarise yourself with the forestry roads marked on this map so you can explain your location to emergency services
- ★ Only ride trails marked on this map
- ★ It is highly recommended that riders stay off wet structures as they are slippery when wet.
- ★ Ride within your limits and respect trail and stunt ratings
X = Easy XXXXXX = Extreme
- ★ Call 111 in case of an emergency or serious accident, then call the Park Emergency Response on 0272 780 969